

Resource List: Provider Stress and Self-Care

Journal Articles:

Association of Professors of Medicine. Predicting and preventing physician burnout: Results from the United States and the Netherlands. *Am J Med.* 2001;111:170-175.

Badger JM. Understanding secondary traumatic stress. *Am J Nurs.* 2001;101(7):26-32.

Deckard G, Meterko M, Field D. Physician burnout: an examination of personal, professional, and organizational relationships. *Med Care.* 1994;32(7).

Kazak AE, Blackall GF, Boyer BA, et al. Implementing a pediatric leukemia intervention for procedural pain: the impact on staff. *Families, Systems & Health.* 1996;14(1):43-56.

LeBlanc P, Bakker AB, Peeters MCW, et al. Emotional job demands and burnout among oncology care providers. *Anxiety, Stress, & Coping.* 2001;14:243-263.

Lopez-Castilo J, Gurpegui M, Ayuso-Mateors, et al. Emotional distress and occupational burnout in health care professionals serving HIV-infected patients: A comparison with oncology and internal medicine services. *Psychotherapy & Psychosomatics.* 1999;68:358-356.

Madrid PA, Schacher SJ. A critical concern: pediatrician self-care after disasters. *Pediatrics.* 2006; 117: S454-S457.

Meadors P, Lamson A. Compassion fatigue and secondary traumatization: Provider self care on intensive care units for children. *J Ped Health Care.* 2008;22(1):24-34.

Meadors P, Lamson A, Swanson M, White M, Sira N. Secondary traumatization in pediatric healthcare providers: Compassion fatigue, burnout, and secondary traumatic stress. *OMEGA--J Death & Dying* 2009;60(2):103-128.

Maytum JC, Heiman MB, Garwick AW. Compassion fatigue and burnout in nurses who work with children with chronic conditions and their families. *J Ped Health Care.* 2004;18(4):171-179.

Robins PM, Meltzer L, Zelikovsky N. The experience of secondary traumatic stress upon care providers working within a children's hospital. *J Ped Nursing* 2009;24(4):270-279.

Stamm BH. Work-related secondary traumatic stress. *PTSD Research Quart.* 1997;8(2):1-3.

Witt Sherman D. [Nurses' stress and burnout.](#) *American Journal of Nursing.* 2004;104(5):48-56.

Books:

Treating Compassion Fatigue

Charles Figley, Brunner-Routledge; New York; 2002.

Help for the Helper: The Psychophysiology of Compassion Fatigue and Vicarious Trauma

Babette Rothschild, W.W. Norton & Co.; New York; 2006.

Overcoming Secondary Stress in Medical and Nursing Practice: A Guide to Professional Resilience and Personal Well-Being

Robert J. Wicks, Oxford University Press; New York; 2005.